

Office Hours:

Monday—Friday
9:00am - 6:00pm
Saturday
8:30am - 5:30pm
Sunday
10:00am - 3:00pm

Clubhouse, Fitness Room and Spa Hours:

Monday—Friday
9:00am - 10:00pm
Saturday
8:30am - 10:00pm
Sunday
10:00am - 10:00pm



Contact Information

Office:
(503) 684-1200

Sandra Kapilovic
Community Manager

Cathy Creapaux
Asst. Community Manager

Alex Wiesz
Maintenance Technician

Office Email:
oswegocoveapt@gmail.com

Website:
Oswegocoveapts.com

Emergency Maintenance:
(503) 830-3767



From the Management Team at Oswego Cove:
Earn a \$150 referral fee!
Refer a friend to Oswego Cove Apartments and earn a cool \$150 when they sign a lease and move in.

Events at Oswego Cove

We had a wonderful holiday gathering with residents this past December in the clubhouse! For those who did not make it there will be other opportunities in the months to come.

🍷 **End of Summer Barbecue** will be scheduled late in the summer around the pool and clubhouse area. Come meet your neighbors, enjoy some good food and sun!

Watch for the spring newsletter for more information.

Did you know ...

that you can submit your maintenance requests online? Go to the Oswegocoveapts.com website and click on **“Work Order.”**



Have any good ideas that could benefit everyone in the community? We welcome your suggestions. Call, email or stop by the office.

Happenings at Oswego Cove ...

Those of you who take advantage of the fitness room in the Clubhouse will have noticed that there is a brand new 32” flat panel TV replacing the old one.

Enjoy a better viewing experience while using the treadmill or stair stepper.

Community Reminders..... Now that the holidays are over this is a reminder that shoes, boots, skates and other personal articles (no matter how awesome they are) should not be left outside the apartment doors. Please store them inside.



Bicycles can be stored in the bike racks.

Since we all live in a small community please be cognizant of your noise levels. Your neighbors above or below you might not appreciate your type of music, or energetic work outs.

Let’s Talk Trash...

- Just a reminder to use recycling bins when possible.
- Cardboard boxes should be crushed when placing them in the trash bins.
- Furniture, mattresses and large items should not be placed in or around the trash bins.



Recipe for Winter Cardamom Citrus Fruit Salad

A refreshing, colorful fruit salad, perfect for winter citrus, pink grapefruit and navel oranges, sweetened with honey, seasoned with lime juice and cardamom.

Prep time: 20 minutes Yield: Serves 4.

INGREDIENTS

- 1 large ruby pink grapefruit
- 3 navel oranges or a combination of navel oranges, blood oranges, mandarin oranges and/or tangerines
- 1/4 cup honey
- 2 Tbsp fresh lime or lemon juice
- 1/4 teaspoon ground cardamom



METHOD

1. Peel the fruit. Cut away the membranes of the individual segments with a sharp knife. Collect the peeled segments in a bowl.
2. Drain off any excess juice from the fruit into a small saucepan. Add the lime juice, honey, and cardamom to the saucepan. Bring to a boil and reduce heat to low. Simmer for 10 minutes and then remove from heat and let cool to room temp. Pour over fruit mixture and gently fold in so that all the fruit is coated. Let stand for 15 minutes or chill until ready to serve.

Recipe from Simply Recipes <http://www.simplyrecipes.com>

Keep Your Garbage Disposal Running Smooth and Smelling Clean

The garbage disposal in your kitchen sink is a handy but often overlooked appliance until there are problems. Here are some tips to keep your garbage disposal running smooth and smelling clean. Run your garbage disposal regularly. This assures that all parts stay moving and prevents obstructions from accumulating. Do grind food waste with a strong flow of cold water. Why cold water? It will cause any grease or oils that may get into the unit to solidify, so that they can be chopped up before reaching the trap.

Three Simple Ways to Freshen Up Your Garbage Disposal

1. Use the power of citrus. Before you toss those orange peels into the garbage, place a couple pieces of peel in your garbage disposal, and run some water down the drain as you turn on the disposal. The rough peels help to clean the blades, and the citrus oils do a fantastic job of naturally freshening things up.
2. Ice Cubes. Place a handful of ice cubes into your garbage disposal, turn on the water, and allow it to run for a minute or two. This can help to “de-gunk” the blades and remove odor-causing food particles. A variation on this idea is to freeze vinegar in your ice cube trays and grind it up instead.
3. Make a volcano. Sprinkle some baking soda down your disposal (about 1/4 to 1/2 cup). Pour approximately one cup of vinegar down the disposal, and allow the two ingredients to foam and bubble (this is a great time to get the kids to help!). Allow the mixture to sit for 5-10 minutes. Then, run hot water down the disposal as it is running to flush everything through.



(Source: theprairiehomestead.com)

A Local Treasure...BOOKtique

A resident of Oswego Cove Apartments has recommended this local treasure tucked into Mercantile Village near Blue Moon Café.

BOOKtique is a non-profit, low priced **Friends of the Library** bookstore.

Its sole purpose is to promote the Lake Oswego Public Library's role in the community by enhancing its collections and programs where public funds are not available. This very special store is supported entirely by donations and staffed by 37 volunteers. THE BOOKtique has great books at bargain prices. They also have puzzles, tapes, records, DVD's and audiobooks for sale.

When:

Open Tuesday -Saturday 10 a.m. to 4 p.m.
Open until 7 p.m. on Wednesday

Where:

Providence Mercantile Building,
3975 Mercantile
Dr. Suite 225, Lake
Oswego, OR 97035
503-699-9109

